

Academic Tenacity for Postsecondary Readiness: Introduction to the Workshop

There is a lot of buzz these days about “nonacademic skills,” “soft skills,” “noncognitive skills,” “21st century skills,” and related ideas. The purpose of this activity is to cut through some of the hype and focus on how one particular set of skills, collectively called “academic tenacity,” relates to postsecondary readiness. The enclosed materials will enable you to give a presentation that delves into the research base about academic tenacity and illustrates how promising interventions have been linked to positive postsecondary outcomes. You’ll be encouraged to involve participants in the presentation through interactive activities and discussions.

The materials for this activity include a slide deck, an accompanying facilitator’s guide, and a handout. The facilitator’s guide provides instructions for presenting the slides, along with suggested text when needed. The facilitator’s guide also suggests the amount of time to allocate to each slide to deliver a one-hour presentation. The handout includes research findings related to academic tenacity, which provides participants with more examples for independent reading.

For more information about the workshop materials, please contact Shannon Davidson at shannon.davidson@educationnorthwest.org.



Mindset & Goals



**Values, Identity, &
Social Belonging**



**Self-Regulation &
Self-Control**

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