## Homework: The Key to Success? Grit

**Due Date:**

Directions: Write your responses on a separate sheet of paper. Please remember that neatness and completeness count! If your instructor cannot read your paper, it will be difficult to give you credit for your good hard work. If you would prefer to type your responses, please do so.

Watch the following video and then respond to the writing prompts.

TED Talks – Angela Lee Duckworth: *The Key to Success? Grit* (6 min 12 sec)

<https://www.youtube.com/watch?v=H14bBuluwB8>

1. In her research, Ms. Duckworth seeks to answer the question, “Who is successful here and why?” She studies various groups of people in different contexts and concludes, “In all those very different contexts, one characteristic emerged as a significant predictor of success.” But before she reveals that one significant predictor of success, she lists various characteristics that are NOT good predictors of success. What are they? Are you surprised? Why or why not? For full credit, include some key concepts from Dweck’s Brainology article in your response.
2. According to Ms. Duckworth, what is the definition of grit? Please be very thorough in your response.
3. According to Ms. Duckworth, how is grit related to either the fixed mindset or the growth mindset?
4. Do you have grit? If so give an example of how you have demonstrated grit in your life. If not, identify a situation in which you would like to demonstrate grit and some steps you could take to be grittier.